

# Football for Kids

## ***What is this?***

*Do you want to make your young players happy with football, and at the same time help them to become good footballers and human beings?*

We are one of the most specific and skilled providers in coaching methods and pedagogic for kids and youths. We have education, work and coaching experiences from all around the world. In regard we have great success with the work we have done, and we have experienced that organizations, football clubs, coaches, and football players benefit from working with us. Our practice is based on theory, research and practical experience about children's development and needs, and how kids learn football through play, good pedagogic and efficient organization.



## ***How do we work?***

We visit your club or organization and help you with one or more of these aspects: **1)** Teach your coaches how to organize good practice, and how to use pedagogical tools to improve their coaching. **2)** Help you with player development, where we coach some of your players for a short or long period. **3)** Develop written guidelines for your coaches and managers, and follow up your coaches on the pitch. **4)** Managing football camps. **5)** Teach your players about physical fitness and nutrition.

## ***Who are we?***

*Vibeke Saltnes Olsen*



- She is a previous competitor in football at elite level.
- She is educated as a teacher and manager with a bachelor in psychology and education, and a master in management
- She works as a teacher and headmaster in grammar school.
- She has coaching experience from several clubs at all levels and for both sexes.
- She has worked as a coach and executive at Oslo Football Association.

*Kristian Holm Carlsen*



- He has an active career in swimming and football.
- He has among more a master in coaching from Norwegian School of Sport Science, and a bachelor in psychology and education from Norway and U.S.
- He has coaching experience from Ghana and Norway at elite level.
- He has coached players and teams, and managed football projects in Uganda, Brazil, and for Oslo Football Association and many clubs in Norway.
- He is teaching sport at university.

Both of them have an UEFA B-license.

## ***Price and contacts***

The price is 60 euro per hour per coach for normal events plus transportation. However, we are flexible, and can adjust both the price and content to exactly fit your needs.

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